



INSIGHT

THE CHOICE IS YOURS



This workbook reflects the work of the Youth Fire Prevention and Intervention Team at the Oregon Office of State Fire Marshal in partnership with the Oregon Advisory Council for Youth Fire Prevention and Intervention and the Oregon Life Safety Team. This product is an adaptation of the Wise Up Program created by Fire and Emergency New Zealand and through coordination with the Minnesota State Fire Marshal Division.



NEWS FLASH



**FIRE IS FAST, FIRE IS HOT AND
DARK, AND FIRE IS DANGEROUS!**

The best way to control a fire is never to start one.
Preventing fires is always easier than putting them out.



PURPOSE:



Create an understanding of the dangers of fire and increase knowledge of fire safety.



Enhance the understanding of the impact of our actions and increase empathy and self-awareness to promote smart choices with fire.





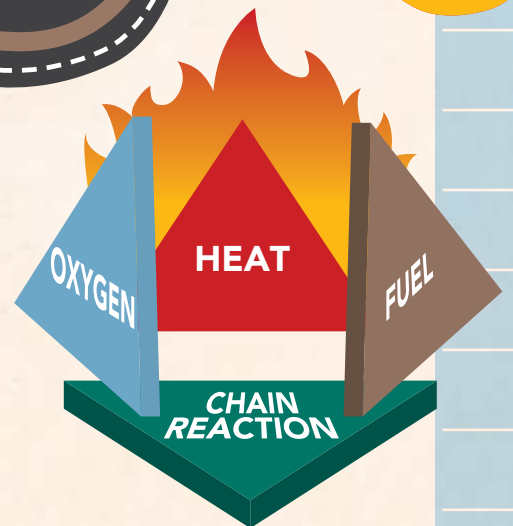
THE RECIPE FOR FIRE

WHAT IS FIRE?

Fire is a chain reaction needing three ingredients:



ONCE THIS CHAIN REACTION HAS OCCURRED, FIRE CAN BECOME DESTRUCTIVE, DANGEROUS, AND DIFFICULT TO CONTROL.



What happens to the fire if you remove one side of the tetrahedron?

How do firefighters reduce heat when fighting fires?



HOW FAST DOES FIRE SPREAD?

ALL FIRES START SMALL. IN JUST A FEW MINUTES, THEY CAN GROW INTO **BIG FIRES.**

Fill in the time you think it would take for each action to happen as this fire grows.

GROWTH OF FIRE

FLASHOVER

911

Fire has begun to spread

Smoke alarm sounds

Room has completely filled with smoke

Flashover

Fire has spread throughout the space and potentially to other rooms

Fire service has begun to fight the fire

TIME IN MINUTES

___ min

___ min

___ min

___ min

___ min

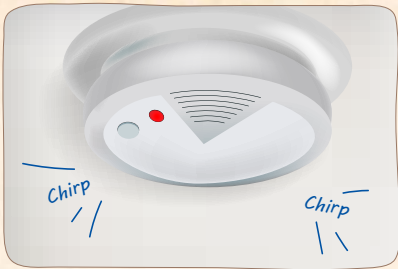
___ min



TAKE ACTION!

THERE ARE A LOT OF OPPORTUNITIES TO BE SMART ABOUT FIRE.

Examine each image on this page. In the spaces provided write one thing you should do and one thing you should not do as it relates to the image.



Do:

Don't:



Do:

Don't:



Do:

Don't:



Do:

Don't:



Do:

Don't:



FIRE IS DESTRUCTIVE

A small fire can get out of control in just a few seconds. Within minutes, a whole house can be destroyed.



What are 4 necessities in your home that you would not want to lose or have damaged in a fire?

- 1 Example: Clothes
- 2 _____
- 3 _____
- 4 _____

What are 4 items in your home that you think hold a great deal of value or would be expensive to replace?

- 1 Example: TV
- 2 _____
- 3 _____
- 4 _____

What are 4 things in your home that are most meaningful to you, that you would not want to lose or have damaged in the event of a fire?

- 1 _____
- 2 _____
- 3 _____
- 4 _____



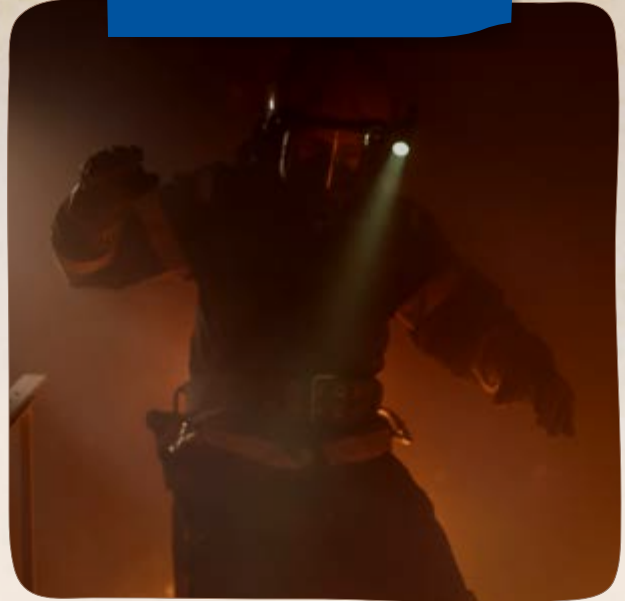
HOLLYWOOD VS REAL LIFE

HOLLYWOOD



- Lots of flames
- The room is bright
- Firefighters move easily throughout the space
- Able to walk upright
- Gear protects firefighters completely from the heat
- Fire spreads slowly, allowing time to gather belongings

REAL LIFE



- It is dark
- Lots of smoke
- Hard to see
- It is very hot
- Poisonous gasses
- Need to crawl low out of the smoke
- It is so hot that firefighters cannot stay inside for very long
- Fire spreads very quickly

**IN THE EVENT OF A FIRE IT IS VERY IMPORTANT
TO BE PREPARED AND GET OUT QUICKLY!**



ESCAPE PLANNING

ESCAPE PLAN CHALLENGE!

Picture yourself in some of your favorite locations. Plan 2 ways out of each location.

Where you sleep:

1st way out:

2nd way out:

Your favorite place to eat:

1st way out:

2nd way out:

Your living room:

1st way out:

2nd way out:

Choose a place you like to hang out often:

1st way out:

2nd way out:

Does everyone in your household know how to get out if there is a fire? Yes No

PRACTICE PRACTICE PRACTICE

Remember to show younger children in your household how to escape safely. Practice your escape plan in the dark or with a blindfold on.

Your family meeting place is _____.

CHOICES AND CONSEQUENCES

MAKING BETTER CHOICES ...

START HERE:

Imagine you could go back to the day you set the fire. Start in the center of the circle and describe the situation you were in before you started the fire. Complete each step in the decision making wheel.





FIRE HAS CONSEQUENCES

FIRE AFFECTS **LOTS** OF PEOPLE IN LOTS OF DIFFERENT WAYS

Imagine your local school burned down. Describe how all of these people could be affected.




CUSTODIAN



TEACHERS



STUDENTS



POLICE



FAMILY



FIREFIGHTERS



AMBULANCE



COMMUNITY



NEIGHBORS



FIRE COSTS REAL MONEY

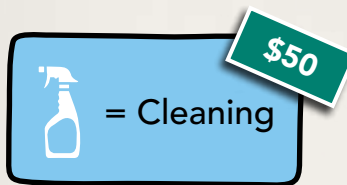
1 Imagine you saved up \$400.

CIRCLE BELOW WHAT YOU WOULD SPEND YOUR MONEY ON...



2

But you recently lit a fire in a trash can in the school restroom. Now you have to pay for the damages.



After the damages are paid for, how much money do you have left?

\$ _____



COST TO THE COMMUNITY

FIRE CAN HAVE A BIG IMPACT ON A COMMUNITY

Where did your fire happen?

What was damaged?

Who found out about it?

Did the fire department come? Police?

Did anyone else get hurt?

Who might be the victim(s) or those most impacted by your fire?

CIRCLE THE ITEMS BELOW THAT RELATE TO YOUR FIRE...

\$100
= Fire Engine

\$50
= Counselor/Therapist

\$50
= Property Damage

\$45
= Ambulance

\$25
= Juvenile Counselor

\$50
= Income loss to victim

\$70
= Water Tender

\$250
= Attorney

\$50
= Income loss to parents

\$35
= Police

\$20 /hour
= Fire Fighter

\$50
= Medical Expenses

How much money did your choice cost the community? \$ _____



NOW IT'S UP TO YOU!

WHAT WOULD YOU DO IN THIS SITUATION?

Write underneath each situation what choice you would make.

You have a friend over for the afternoon. While hanging out in the back yard, they tell you to go into the house and get a lighter so you can burn leaves...

You see a boy playing with a lighter on your street...

A friend who likes to start fires wants to hang out with you...

You walk into the restroom at school and see a student lighting paper towels on fire near the sink...



RESPONSIBILITY

(Victim or Impacted Person) →

Dear _____,

My name is _____ and I am responsible for _____

When this happened I was _____

Since that time I have learned _____

And now when I think about the choices I made, I think _____

In the future I plan to _____

I also would like you to know _____

Sincerely,

CONGRATULATIONS

You now have more awareness of fire and the impact it can have in your life and to those around you!



This certificate is presented to . . .

for completion of the Insight Workshop.

Signature: _____

Date: _____

Oregon State Police
OFFICE OF STATE FIRE MARSHAL
Youth Fire Prevention & Intervention
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oregon.gov/osp/sfm | osfm@state.or.us
fb.com/OregonStateFireMarshal
twitter.com/OSFM