Maternal and Child Health

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Maternal and Child Health

Every child born has an opportunity to reach their full potential by experiencing a childhood that sets them on a trajectory of life-long health and wellbeing.

How the **public health system supports** healthy pregnancies and childhood can impact that trajectory.





Maternal and Child Health

- The goal of the MCH Section is that every mother, child and family
 has the best opportunity to reach their greatest potential life-long
 health and well-being.
- Leading with an anti-racism, health equity lens, our work addresses both universal and targeted approaches that promote protective factors and resilience in the early years for life-long health.





MCH and Public Health Modernization

- Foundational Capabilities:
 - Policy and Systems
 - Workforce Capacity and Effectiveness
 - Community and Family Capacity
 - Surveillance, Assessment, Evaluation and Epidemiology
- Foundational Program Outcomes:
 - Safe, Responsive Environments
 - Resilient and Connected
 Families and Communities
 - Nutrition and Healthy Development



InBrief: The Foundations of Lifelong Health. Center on the Developing Child; Harvard University; http://developingchild.harvard.edu/science/deep-dives/lifelong-health/

PHD Maternal and Child Health Section 2018 Strategic Plan:

Setting the trajectory for our population's future health

Vision

The MCH section envisions that all of Oregon's women. children and families:

- Experience equitable opportunities for health and quality of life.
- · Are supported by accessible. coordinated. family-centered, and culturally responsive policies, systems and services.
- · Live and thrive in communities that support their lifelong physical, developmental, social and emotional health.

Policy & Systems

Goal: Policy, systems, resources and funding Multi-generational Impact address upstream drivers of maternal and child health, foundations of lifelong health, and family protective factors.

Arauma & Resilience Assessment. Surveillance, **Evaluation &** Epidemiology

Goal: The health status of women, children and families are monitored and shared to inform and drive policy and program decisions.

Workforce Capacity & Effectiveness

Goal: A cross-sector workforce serving women, children and families, that delivers and links Lifecourse Science to culturally and linguistically responsive and trauma informed maternal and child health services.

Health Equity

Community &

Family

Capacity

Communities have

linkages, services and

built environments that

promote family health,

safety, protective factors,

Mission

MCH fosters the foundations of lifelong health:

- · safe and responsive environments
- resilient and connected families and communities
- nutrition and healthy development.

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Outcomes

Health equity:

- · Race and ethnicity not predictive of health and quality of life
- · Positive epigenetic outcomes and intergenerational health

Safe, supportive environments:

- Stable, safe housing
- · Healthy and accessible neighborhoods
- Equitable educational and economic opportunities

Resilient and connected families and communities:

- Stable and attached families
- · Individual, community and social connectedness
- · Minimal childhood trauma (Children protected from adversity and trauma)

Nutrition and healthy development:

- · Healthy birth outcomes
- · Kindergarten readiness

· Children flourishing in school

Policy and Systems

- Social determinants of health and equity and population conditions for health (economic security and opportunities, food/nutrition, equity/Culturally and Linguistically Appropriate Services (CLAS), trauma/ Adverse Childhood Experiences (ACEs))
- Targeted life course policy (infant and maternal mortality reduction, violence and injury prevention, preconception health, childcare, maternal mental health)
- Systems alignment and integration (early childhood, trauma informed care, childcare, family violence prevention, oral health)



Workforce Capacity and Effectiveness

- Advancing the skills and abilities (home visiting core competencies, Infant Mental Health-Endorsement, trauma-informed practices)
- Recruit and retain a diverse, stable and representative workforce (healthcare, mental health, public health, traditional health workers, childcare providers, and our MCH Section)
- Support innovative workforce models and practices (Dental Pilot Projects, reflective supervision)
- Advance the foundational capabilities (data analysis, policy development, communications)



Community and Family Capacity

- Screening and referrals to services (Oregon MothersCare, EHDI, home visiting, family violence prevention, pregnancy intention)
- Program guidance, training and technical assistance for LPHA,
 Tribes, and partners (Title V, MIECHV, oral health, home visiting)
- Assurance (Dental Sealant Program, Title V, home visiting)
- Partnerships (injury prevention, alcohol and other drug prevention, nutrition, medical and dental homes, early childhood systems)



Surveillance, Assessment, Evaluation and Epidemiology

 Public Health Surveillance (Birth Anomalies Surveillance System (BASS), Early Hearing Detection and Intervention (EHDI), Oregon Oral Health Surveillance System)

 Surveys (PRAMS, ECHO, Smile, Healthy Growth, BRFSS Oral Health/ACES)

- Needs Assessments (Title V, MIECHV)
- Program CQI and Evaluation (MIECHV, Tracking Home visiting Effectiveness in Oregon (THEO), Rape Prevention and Education)
- Data and Informatics



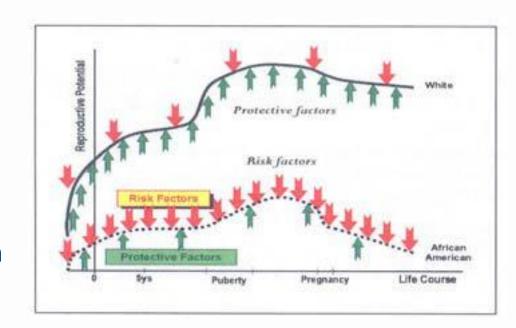


MCH Section Strategic Plan Outcomes

Short-Term Outcomes	Intermediate Outcomes	Long-term Outcomes
Women Increased well woman visits Increased adequate prenatal care Decreased prenatal substance use Decreased prenatal smoking Improved prenatal oral health Increased access to mental health services Children Increased safe sleep for infants Increased well child/adolescent visits, including immunizations Increased child oral health visits Increased child physical activity Decreased children's exposure to smoking Families Decreased intimate partner violence Increased breastfeeding Improved knowledge/skills in parenting & child development Decreased food insecurity Accessible and connected services and systems of care Increased access to paid family leave Increased access to healthy and affordable child care Increased receipt of needed child	 Increased pregnancy intention Improved maternal social support Decreased stressful life events Decreased perinatal depression Improved preconception and prenatal health Healthy weight across the lifespan Improved family nutrition On-track early childhood development Reduced family violence and child abuse Increased neighborhood safety Safe home environment Increased parent-child attachment Increased parent capabilities Increased economic stability Effective safety net of services for families Improved oral health across the lifespan 	Health equity: Race and ethnicity not predictive of health and quality of life Positive epigenetic outcomes and intergenerational health Safe, supportive environments: Stable, safe housing Healthy and accessible neighborhoods Equitable educational and economic opportunities. Resilient and connected families and communities: Stable and attached families Individual, community and social connectedness Minimal childhood trauma (Adverse Childhoo Experiences) Nutrition and healthy development: Healthy birth outcomes Kindergarten readiness Children flourishing in school

Title V MCH Block Grant: \$6.1 mill annually, ~1/3 to LPHA/Tribes

- Maternal and Women's Health
- Perinatal and Infant Health
- Child Health
- Adolescent Health
- Children and Youth with Special Health Needs
- Toxic stress/Trauma/ACE
- Social Determinants of Health and Equity
- Culturally/Linguistically responsive services





Home Visiting

- Public Health Nurse Home Visiting (\$1.2 mill/biennium GF--\$1 mill to LPHA)
 - Babies First!
 - Nurse Family Partnership
- Universally offered Home Visiting (\$7.7 mill/biennium GF)
 - Universal access to nurse home visiting for all Oregon newborns and their families
- Maternal, Infant and Early Childhood Home Visiting (MIECHV) (\$8.4 mill annually—75% to local implementing agencies for services)
 - Services
 - Systems





Oral Health

- School-based Programs -- Dental sealants, Dental sealant program certification
- Workforce -- Dental Pilot Program,
- Statewide Oral Health Strategic Plan
 - Dr. Kaz Rafia, OHA Dental Director
- Title V
- Surveillance--Smile Survey, OH Surveillance System







Additional Programs Critical to our Populations

- Early Hearing Detection and Intervention (EHDI)
- Rape Prevention and Education (RPE)
- Maternal Mortality and Morbidity Review Committee (MMRC)





Collaborations and Partnerships....

- Local Public Health
- Tribes
- Coordinated Care Organizations
- Early Learning Hubs
- State Agencies
- Community-based Organizations
- Non-Profits
- Universities
- National Organizations



Budget: Biennium

Total = approximately \$45 million

Federal funds: \$33 million

State GF: \$12 million



Questions?

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