

FACILITY		PR #:
PROJECT		
ADDRESS		

PSYCHIATRIC PATIENT CARE UNITS AND ROOMS

OAR 333-535-0061

Effective February 24, 2016

_____ **Schematic Design (SD) Review** _____ **Construction Document (CD) Review**

OAR RULE SECTION	COMPLIED?		COMMENT
	YES	NO	
(1) Inpatient Psychiatric Care Units			
(1) The design of inpatient psychiatric patient care units shall be supportive of the types of psychiatric therapies provided for patients and their psychiatric care needs. Interior finishes, lighting and furnishings shall, to the extent practicable, reflect a residential rather than an institutional setting with an emphasis on natural light and exterior views while not compromising patient privacy and safety design. Inpatient psychiatric patient care units shall include patient rooms meeting the requirements of section (4) of this rule and service areas meeting the requirements of section (5) of this rule.			
(2) Patient and Staff Safety Assessment.			
The hospital psychiatric care staff and the hospital administration, in consultation with the project architects, shall develop a Patient and Staff Safety Assessment that addresses security and safety design features and devices. A copy of this Assessment shall accompany construction documents submitted to the Licensing Plans Review Program. The Patient and Staff Safety Assessment shall include at least the following elements:			
(a) A statement explaining the psychiatric population groups served;			
(b) A discussion of the capability for staff visual supervision of patient ancillary areas and corridors;			
(c) A discussion of the risks to patients, including self-injury, and the project solutions employed to minimize such risks;			
(d) A discussion of building features and equipment, including items which may be used as weapons, that is intended to minimize risks to patients, staff and visitors;			
(e) A statement explaining how potentially infectious patients will be managed; and			
(f) A discussion of outdoor areas used by patients. Discussions must include, but is not limited to, the number of patients each outdoor area will serve at one time, staffing, security and shifts.			
(3) Psychiatric Seclusion Room			
(3) Except as permitted under OAR 333-500-0065, every hospital classified as mental or psychiatric and other hospitals, regardless of classification, that provides psychiatric services, shall have at least one psychiatric seclusion room which meets the requirements of section (7) of this rule and OAR 309-033-0720.			

OAR RULE SECTION	COMPLIED?		COMMENT
	YES	NO	
(4) Psychiatric Patient Care Rooms			
(4) Psychiatric patient care rooms shall comply with the requirements of OAR 333-535-0025, except as follows:			
(a) A nurse call system is not required. If included, provisions shall be made for easy removal or covering of call buttons;			
(b) Patient toilets shall not have bed pan flushing devices;			
(c) Hand-washing stations are not required in patient rooms;			
(d) Visual privacy in multi-bed rooms (e.g., cubicle curtains) is not required;			
(e) Each patient room shall be provided a private toilet room and hand-washing station. Grab bars are only required in rooms required to be accessible to the disabled; and			
(f) All hardware shall have tamper-resistant fasteners; and			
(g) Patient rooms shall comply with the requirements of section (6) of this rule.			
(5) Psychiatric Patient Care Unit Service Areas			
(5) Psychiatric patient care unit service areas shall comply with the requirements of OAR 333-535-0025, except as follows:			
(a) A secured storage area shall be provided for patients' belongings that are determined to be potentially harmful;			
(b) A secured storage station will be provided for storing law enforcement weapons prior to officers entering the patient care unit;			
(c) The medication station shall include provision against unauthorized access;			
(d) Between meal nourishment(s) facilities within the unit shall be one, or a combination of the following:			
(A) A nourishment station;			
(B) A kitchenette, designed for patient use, with a sink and a keyed switch or other acceptable method for staff control of any heating and cooking devices; or			
(C) A kitchen service within the unit that includes a hand-washing station, storage space, refrigerator and facilities for full meal preparation. A keyed switch or other acceptable method for staff control of any heating and cooking devices is required.			
(e) All storage spaces within the psychiatric patient care unit shall be secured from patient access;			
(f) A bathtub or shower shall be provided for every 6 beds not otherwise served by bathing facilities within the patient rooms. Bathing facilities shall be designed and located for patient safety, convenience, privacy and shall comply with section (6) of this rule;			

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	YES	NO	
(g) A separate charting area shall be provided with provisions for visual and acoustical privacy. Viewing windows to permit observation of patient areas by the charting nurse or physician may be used if the arrangement is such that patient files cannot be read from outside the charting area. Viewing windows shall meet the requirements of subsection (6)(g) of this rule;			
(h) At least two separate social spaces, one appropriate for noisy activities and one for quiet activities shall be provided. The combined area shall be at least 40 square feet per patient with each space being at least 120 square feet in size. These spaces may be shared by dining activities;			
(i) Space for group therapy shall be provided. This space may be combined with the quiet space required by subsection (5)(h) of this rule when the unit accommodate 12 or fewer patients and when at least 225 square feet of closed private space is available for group therapy activities;			
(j) Securable patient laundry facilities with an automatic washer and dryer and secured space for chemicals shall be provided;			
(k) Each psychiatric patient care unit shall include, or have close access to, a soiled utility room that meets the requirements of OAR 333-535-0260(5) or a soiled holding room. A soiled holding room shall meet all the requirements of a soiled utility room except that a clinical sink may be omitted;			
(l) The following elements shall also be provided, but shall be permitted to serve several nursing units and may be on a different floor if conveniently located to the unit for routine use:			
(A) Space requirements. Examination rooms shall have a minimum floor area of 120 square feet, excluding space for vestibule, toilets, and closets. The room shall contain a hand-washing station, storage facilities and a surface for charting. In existing psychiatric facilities, exam rooms may continue to be 80 square feet excluding space for vestibules, toilets and closets;			
(B) Separate consultation room(s), lockable from the outside. Each consultation room shall have a minimum floor space of 100 square feet and shall be provided at a room-to-bed ratio of one consultation room for every 12 psychiatric beds. The room(s) shall be designed for acoustical and visual privacy and be constructed to achieve a level of voice privacy of 50 STC;			
(C) Separate space for patient therapy/multi-purpose use. The greater of at least 300 square feet or at least 15 square feet per patient shall be provided. The space shall include a hand-washing station, work counter(s), storage and space for displays and may serve more than one psychiatric patient care unit. However, when a psychiatric patient care unit contains less than 12 beds, the therapy and other functions may be performed within the noisy activities area required by subsection (5)(h) of this rule if at least an additional 10 square feet per patient is provided; and			

OAR RULE SECTION	COMPLIED?		COMMENT
	YES	NO	
(D) A conference and treatment planning room, for use by psychiatric patient care unit staff constructed to achieve a level of voice privacy of 50 STC.			
(m) Outside area shall be provided for all patients. The area shall be discussed as part of the Functional Program per subsection (2)(f) of this rule.			
(6) Patient and Staff Safety Features			
(6) Patient and staff safety features, security and safety devices shall not, to the extent practicable, be presented in a manner to attract or invite tampering by patients. Design, finishes and furnishings shall be designed and installed to minimize the opportunity for patients to cause injury to themselves or others. Special design considerations for prevention of self-injury and injury to staff and others shall include:			
(a) Visual control of nursing unit corridors, passive activity areas and outdoor areas shall be provided;			
(b) Hidden alcoves are prohibited;			
(c) Non-patient areas, including staff support rooms, mechanical and electrical spaces shall be secured from patients;			
(d) Door closers and door and cabinet hardware, including hinges in patient areas, shall be designed to prevent attachment of other articles and to limit possible patient or staff injury;			
(e) Doors to patient toilet and shower rooms shall not swing into the room. These doors shall either not be lockable from within the room or shall be provided with privacy locks that can be opened by staff with a key or tool. Hardware shall be designed to preclude patients from tying the door closed;			
(f) Furnishings, movable equipment and accessories shall be addressed by the Patient and Staff Safety Assessment required by section(2) of this rule;			
(g) Windows, including interior and exterior glazing, shall be non-operable and shall be of break-resistant material (i.e., will not shatter). Window sills, curtains and blinds shall be constructed to prevent attachment of other articles;			
(h) Curtains and blinds shall be constructed to break-away with a vertical load of greater than 40 pounds;			
(i) Ceilings in patient bedrooms, toilet and shower rooms shall be of continuous bonded construction. T-bar ceilings with lay-in tiles are not allowed.			
(j) The ceiling and air distribution devices, lighting fixtures, sprinkler heads, smoke detectors, and other appurtenances shall be designed and installed to be tamper resistant, non-breakable, prevent the attachment of other articles and to limit possible patient or staff injury in patient rooms, toilet and shower rooms;			
(k) Flooring base in patient rooms, toilet and shower rooms shall be installed to preclude removal by patients;			

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	YES	NO	
(l) Shower, bath, toilet and sink plumbing fixture hardware and accessories, including grab bars and toilet paper holders, shall prevent attachment of other articles and removal by patients. Shut-offs under patient sinks shall be covered and secured to prevent patient access;			
(m) Grab bars, if provided, shall be contiguous to the wall so that nothing can pass between the edge of the rail and the wall;			
(n) Toilet flush valves shall be recessed or of the push button type;			
(o) Hand-washing station faucet hardware shall be recessed or of the push button type to preclude patient or staff injury;			
(p) Shower curtains, if provided, shall have a breakaway maximum of 40 pounds and be supported on curtain tracks attached or flush to the ceiling. Shower curtains shall not be permitted where facilities accommodate children whose weight is close to, or within the breakaway weight limits;			
(q) Shower heads shall be sloped or otherwise designed to prevent attachment of other articles;			
(r) Fire extinguisher cabinets and fire alarm pull stations shall be located or installed to prevent inappropriate use;			
(s) Electrical outlets in patient areas shall be of a ground fault interrupter type ("GFI") or shall be protected by GFI breakers at electrical panels;			
(t) Patient mirrors shall be non-breakable and shatterproof;			
(u) Medical gas outlets, if provided, shall be located or installed to prevent patient access;			
(v) All devices attached to walls, ceilings and floors and all door and window hardware shall be tamper resistant and be securely fastened with tamper proof screws;			
(w) All exit door hardware shall have concealed rods, if any are used, and they shall not be removable by patients. Door closure and panic bars, if provided, shall not allow attachment of other articles;			
(x) Time delay closers shall not be used on locked doors; and			
(y) Outdoor areas shall be secured in accordance with the Patient and Staff Safety Assessment required by section (2) of this rule.			
(7) Psychiatric Seclusion Rooms.			
Psychiatric seclusion rooms shall comply with the following requirements:			
(a) As required by section (3) of this rule, and except as permitted by OAR 333-500-0065, each hospital classified as general or psychiatric shall have at least 1 psychiatric seclusion room. A minimum of 1 psychiatric holding room is required for every 24 psychiatric beds or fraction thereof. The rooms shall be proximate to a nurses' station. Each room shall be for only 1 patient and shall be at least 80 square feet in size. The design of the room shall prevent patient hiding and minimize the potential for escape and self-injury;			
(b) Psychiatric seclusion rooms shall meet the requirements of section (6) of this rule;			

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	YES	NO	
(c) Outside room corners, door hardware protrusions and other projections shall be avoided to minimize points for possible patient injury;			
(d) No items shall be attached to the walls and there shall be no exposed curtains, drapes, rods or furniture, except a portable bed which can be removed if necessary. Beds that are securely fastened to the floor are allowable but must have no sharp protrusions, such as bed posts or corners;			
(e) Wall and other room finish materials shall be securely constructed to resist attempts at intentional damage;			
(f) Exposed pipes or electrical wiring is prohibited. Electrical outlets, if provided, shall be permanently capped or covered with a metal shield that opens with a key and shall be circuited and controllable from outside the room. Ceiling lights shall be unbreakable and shall be either recessed or surface mounted;			
(g) Room construction shall contain no readily combustible materials (i.e., wood or vinyl wall covering surfaces). If the room interior is padded with combustible materials, such materials shall meet the requirements of the NFPA 101 Code as enforced by the State Fire Marshal;			
(h) Sprinkler heads shall be of a recessed pop-down type and shall have a breakaway strength of under 80 pounds;			
(i) A toilet and hand-washing station that meets the requirements of section (6) of this rule shall be available for patient use but shall not be located within the room;			
(j) The door to the room shall open outward and shall include a viewing window of shatterproof glass or plastic through which the entire room may be viewed from the outside before entering; and			
(k) The door to the room shall be lockable from the outside and shall include tamper-proof hardware. The lock must release with initiation of the fire alarm, sprinkler flow or power failure as required for controlled egress in accordance with the Oregon Structural Specialty Code and NFPA 101 Code as enforced by the appropriate building codes agency and fire marshal.			
(8) Child and Adolescent Psychiatric Units.			
The requirements of sections (1) through (6) of this rule and of section (7) of this rule, if a psychiatric seclusion room is provided, shall apply to child and adolescent psychiatric units, except as follows:			
(a) The environment of the unit shall reflect the age, social and developmental needs of children and adolescents, including space to accommodate family and other caregivers;			
(b) At least 1 single occupancy timeout room shall be provided;			
(c) An outdoor activity area shall be provided with a minimum of 50 square feet per patient but not less than 400 total square feet;			
(d) Child and adolescent care units shall be physically and visually separate from one another and from adult care units; and			

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	YES	NO	
(e) Showers. Shower curtains shall not be permitted in child adolescent care units.			
(9) Geriatric, Alzheimer and Other Dementia Units.			
The requirements of sections (1) through (6) of this rule, and of section (7) of this rule, if a psychiatric seclusion room is provided, shall apply to geriatric, Alzheimer and other dementia units, except as follows:			
(a) Single patient rooms shall be at least 120 square feet in size. Multiple patient rooms shall provide at least 80 square feet per patient exclusive of closets, vestibules and bathroom facilities and allow for a minimum of 3 feet between beds;			
(b) A nurse call system meeting the requirements of section (6) of this rule shall be provided. Provisions shall be made for the removal or covering of call button outlets as required by the Patient Safety Assessment. Call cords or strings in excess of 6 inches shall not be permitted;			
(c) Handrails shall be provided on both sides of corridors used by patients. These handrails shall be contiguous with the wall so that nothing may pass between the rail and wall;			
(d) Doors to patient rooms and patient ancillary use areas shall be a minimum of 3 feet 8 inches in clear width;			
(e) Slip resistant flooring surfaces shall be provided in all bathing rooms; and			
(f) Secure storage for wheelchairs shall be provided in a location readily accessible to the unit.			
(10) Forensic Psychiatric Units.			
The requirements of sections (1) through (6) of this rule shall apply to forensic psychiatric units, except as follows:			
(a) Security vestibules or sally ports are required at the unit entrance;			
(b) Additional treatment areas, police and courtroom space, and special security considerations shall be provided in accordance with the Patient and Staff Safety Assessment; and			
(c) Children and adolescents shall be separated from one another as defined by the Functional Program. Children and adolescents shall also be physically and visually separate from adult care units.			