



HIV Medical Case Managers are here to help you with your patients.

Free medical case management

is available to area HIV providers (outside the Portland metro area) through the Oregon Health Authority's Public Health Division, HIV Care and Treatment Program. HIV medical case managers (MCMs) are registered nurses (RNs) — some of whom are also AIDS-certified RNs — located in local county public health offices and HIV/AIDS service organizations.

Medical case managers can assist you and your staff with all of the following, for example:

- Home visits
- Medication adherence counseling
- Patient education:
 - » Interpreting lab results
 - » Liver wellness
 - » Oral health
 - » Nutrition
- Risk reduction support
- Health maintenance interventions
- Treatment plan reinforcement
- Supportive services, such as referrals and access to funding for:
 - » Prescription medication and health insurance
 - » Mental health counseling
 - » Housing
 - » Substance abuse treatment
 - » Medical transportation

To find the HIV case manager nearest you, call **971-673-0144**, or visit **www.healthoregon.org/hiv** for more information.

A team approach to dealing with the complexities of HIV management can ease the burden on a busy practice and has been shown to improve patient outcomes. Let an experienced HIV nurse medical case manager help you.

“It was impossible for me or my medical assistant alone to keep up with my patients’ needs in regards to coverage for anti-retroviral therapy, adherence, mental health and substance abuse issues, or even simple logistics, such as keeping appointments. It is safe to say that I could not have managed as an HIV care provider without medical case managers.”

— Tom Rafalski, M.D., Samaritan Health Physicians,
Albany, Oregon



Oregon
Health
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