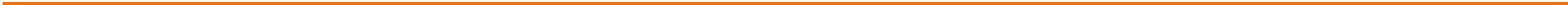

In Lieu of Services (ILOS) Pre-design Sessions

November 2023



ORPRN
*Oregon Rural Practice-Based
Research Network*



Introductions

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Agenda

- Overview of ILOS & design process
- Summary of ideas already collected
- Call for ideas
- Discussion & interest assessment
- Next steps

Welcome poll



Overview of in lieu of services (ILOS)

In lieu of services (ILOS) are medically appropriate and cost-effective **substitutes** for covered services or settings under the State Medicaid plan, the Oregon Health Plan (OHP).

- Can be an immediate or longer-term substitute
- Should generally map to a covered service
- Can be used if expected to reduce future need to use state plan-covered services or settings
- Approved by Oregon Health Authority (OHA) and Centers for Medicare and Medicaid Services (CMS) on an annual basis for implementation by coordinated care organizations (CCOs)

2023 Oregon ILOS available to CCOs for implementation

- Community Health Worker services - alternative setting
- Peer and Qualified Mental Health Associate services - alternative setting
- Diabetes self-management programs - online setting
- National Diabetes Prevention Program - alternative setting
- Chronic disease self-management education programs - alternative setting
- Infant mental health pre- & post-testing services
- Lactation consultations - alternative setting

Potential 2024 additions pending CMS approval

- HIV and sexually-transmitted infection (STI) testing and treatment services - alternative setting
- Traditional Health Worker services for HIV/STI disease management - alternative setting

Intent and purpose of ILOS

- ✓ Provides flexibility to offer services in innovative, **community-centered ways or in non-clinical settings** to meet members where they are
- ✓ Supports **key services**, such as engagement in mental health and substance use treatment or chronic disease self-management
- ✓ Addresses the **social determinants of health and equity (SDOH-E)** for members
- ✓ Connects to the larger vision of health for all Oregonians **through coordination and alignment with existing programs**

ILOS implementation considerations

- CCOs are not required to offer ILOS to members.
- Before an ILOS is offered to members, a CCO must adopt the ILOS and meet implementation requirements.
- Members are not required to use the alternative service or setting.
- ILOS is currently not available to fee-for-service (FFS) members.

Adding new ILOS in Oregon

Oregon has the option to add **new ILOS annually**.

Starting this year, the following process for proposing new ILOS will take place **between November 2023 and spring 2024, for ILOS available in 2025:**

- CCOs, OHA and community partners propose ideas
- OHA ILOS policy team reviews initial list of ideas for eligibility, feasibility and alignment with CMS requirements
- OHA and partners develop specifications for new ILOS (i.e. billing and coding guidance)
- OHA submits ideas to CMS for approval, and CMS-approved ILOS are added to CCO contracts

Design steps



Pre-design sessions	Idea generation & interest assessment Review ILOS ideas already collected, collect new ideas, explain how to submit form and assess participants' interest in ideas.
Idea submission	Interested parties complete a brief form to submit their concept for a new ILOS.
Design sessions	Detail specification Determine specifics of each service. One session per each ILOS proposed. Could include further working meetings with subject matter experts (SME) and invested parties in early 2024.
OHA approval & submission to CMS	Final verification/vetting of ideas against state and federal requirements, and coordination across services. Submit to CMS in 2024 for 2025 implementation.

Design dates & links

Pre-design sessions	<p>CCOs and community partners: November 7, 2023, at 11 a.m. Pacific- Registration link November 14, 2023, at 2 p.m. Pacific- Registration link</p> <p>OHA staff: November 9, 2023, at 10 a.m. Pacific- Registration link November 15, 2023, at 1 p.m. Pacific- Registration link</p>
Idea submission	<p>Form opens Wednesday, 11/8 at 8 a.m. Idea submission closes Monday, 11/20 at 11:59 p.m.</p>
Design sessions	<p>CCOs, community partners and OHA staff: November 29, 2023, 10-11:30 a.m. Pacific- Registration link December 6, 2023, 3:30-5 p.m. Pacific- Registration link December 8, 2023, 10:30 a.m.-noon Pacific- Registration link December 11, 2023, 2-3:30 p.m. Pacific- Registration link</p>

ILOS form submission

- For an ILOS idea to be considered in this design season, **interested parties must complete a brief form** to submit their concept for a new ILOS.
- **Submission dates:** Wednesday, November 8 through Monday, November 20, 2023
- ORPRN team is available to assist ILOS proposers as they submit a form.

Minimum ILOS criteria for CMS submission

- Name and description of service
- What state plan-covered service or setting is this in substitute of?
 - Is this a cost-effective substitute?
 - Is this a medically appropriate substitute?
 - Is this an immediate or longer-term substitute?
- If not a substitute, could your idea reduce or remove the future need to use state plan-covered services or settings?
- Who is the clinically-oriented target population for this service?
- If known, what are the codes that describe this service (HCPCS/CPT and ICD-11)?
- Does this ILOS include room and board?
- Is the ILOS approvable as a service or setting through the Medicaid state plan or waiver?

ILOS ideas for 2025

- Advanced Care Planning online
- Behavioral health respite care
- Birth doulas
- Community paramedicine
- Dietician services
- Enhanced pediatric behavior support training
- Faith community nursing
- Family navigation services
- Health coaching
- Housing support services
- Medically tailored meals
- Protection from climate events
- **Others?**

Interest assessment

Of the ideas you've heard today, which two are most important to you and the communities you serve or represent?

Next steps

- Attend another pre-design session, if interested
- **Submit an ILOS idea form** between Wednesday, November 8 and Monday, November 20
- Contact ORPRN for assistance in submitting your form, if needed:
 - General mailbox: ORPRN_TA@ohsu.edu
 - Nancy Goff: goffna@ohsu.edu
 - Bethany Linscott-Lowe: lowbe@ohsu.edu
 - Hannah Bryan: bryanh@ohsu.edu