

# Regional Help & Referral Information- Eating Disorders

## States of Oregon & Washington

### 1. Oregon Help

Adolescent Medicine at OHSU (treating ages 10 to 24 years)

Dr. Wayne Sells, Dr. Megan Jacobs, Dr. Jessica Serrano

Call: 503-494-9000 for a consult

Kaiser Permanente NW Eating Disorder Team (treating ages 0 to 18 years)

Dr. Kim Luft

Call: the clinic at 503-331-6005

### 2. Virtual Programs Offering Partial Hospitalization/ Intensive Outpatient Programs

EQUIP- Family-Based Treatment, available nationwide (Ages served: 6-24 years)

Email: [info@equip.health](mailto:info@equip.health)

Phone: (855) 387-4378

Website: [www.equip.health](http://www.equip.health)

Within Health - 866-490-2181

<https://withinhealth.com/>

### 3. Medical Stabilization/Inpatient

**Providence St. Vincent's** -adult and child/adolescent

Address: 9450 SW Barnes Road, Suite 200 Portland, OR 97225

Phone: (503) 216-2025

#### **Randall Children's Hospital**

2801 N. Gantenbein Avenue

Portland, OR 97227

(503) 276-6500

**Clementine**-teen girls

Address: 1148 South Rosemont Rd, West Linn, OR 97068

Phone: (866) 678-0923

Email: [clementineadmissions@clementineprograms.com](mailto:clementineadmissions@clementineprograms.com)

### **Monte Nido Rain Rock-adults**

Address: 41496 McKenzie Hwy, Springfield, OR 97478  
Phone: (541) 203-9384  
Email: [stayconnected@montenido.com](mailto:stayconnected@montenido.com)

### **4. Residential Treatment Centers-adult**

#### **Monte Nido Rain Rock**

Address: 41496 McKenzie Hwy, Springfield, OR 97478  
Phone: (541) 203-9384  
Email: [stayconnected@montenido.com](mailto:stayconnected@montenido.com)

#### **Eating Recovery Center of Bellevue**

Address: 1231 116th Avenue Northeast Floor 3 & 8, Bellevue, WA 98004  
Phone: (425) 276-4332  
Email: [info@eatingrecoverycenter.com](mailto:info@eatingrecoverycenter.com)

### **5. Residential Treatment-adolescent**

#### **Clementine-teen girls**

Address: 1148 South Rosemont Rd, West Linn, OR 97068  
Phone: (866) 678-0923  
Email: [clementineadmissions@clementineprograms.com](mailto:clementineadmissions@clementineprograms.com)

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### **6. Partial Hospitalization Programs-adult**

#### **Monte Nido Eating Disorder Center of Portland**

Address: 5550 SW Macadam Ave #100, Portland, OR 97239  
Phone: (541) 275-6654  
Email: [stayconnected@montenido.com](mailto:stayconnected@montenido.com)

#### **Center for Discovery**

Address: 13221 SW 68th Pkwy. Ste 440, Tigard, OR 97223  
Phone: (503) 783-8398  
Email: [info@centerfordiscovery.com](mailto:info@centerfordiscovery.com)

**Providence St. Vincent's**

Address: 9450 SW Barnes Road, Suite 200 Portland, OR 97225  
Phone: (503) 216-2025

**Monte Nido Eating Disorder Center of Eugene**

Address: 939 Willagillespie Drive, Eugene, OR 97401  
Phone: (541) 275-6284  
Email: [stayconnected@montenido.com](mailto:stayconnected@montenido.com)

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Email: [info@eatingrecoverycenter.com](mailto:info@eatingrecoverycenter.com)

**7. Partial Hospitalization programs-adolescent****Kartini Clinic**

Address: 3530 N Vancouver Ave Ste 400, Portland, OR 97227  
Phone: 971-319-6800  
Email: [help@kartinclinic.com](mailto:help@kartinclinic.com)

**Providence St. Vincent's**

Address: 9450 SW Barnes Road, Suite 200 Portland, OR 97225  
Phone: (503) 216-2025

**Clementine**

Address: 1148 South Rosemont Rd, West Linn, OR 97068  
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Email: [info@eatingrecoverycenter.com](mailto:info@eatingrecoverycenter.com)

## **8. Intensive Outpatient programs -Adolescent and Adult**

### **Kartini Clinic-child/adolescent**

Address: 3530 N Vancouver Ave Ste 400, Portland, OR 97227

Phone: 971-319-6800

Email: [help@kartinclinic.com](mailto:help@kartinclinic.com)

### **Monte Nido Eating Disorder Center of Portland**

Address: 5550 SW Macadam Ave #100, Portland, OR 97239

Phone: (541) 275-6654

Email: [stayconnected@montenido.com](mailto:stayconnected@montenido.com)

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Phone: (503) 783-8398

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Email: [clementineadmissions@clementineprograms.com](mailto:clementineadmissions@clementineprograms.com)

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Phone: (541) 275-6284

Email: [stayconnected@montenido.com](mailto:stayconnected@montenido.com)

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Email: [info@eatingrecoverycenter.com](mailto:info@eatingrecoverycenter.com)