

Scope of Practice for Advanced Practice Nurses Regarding Ordering of Restraints and Seclusion: Use for Behavior Management

The Oregon State Board of Nursing acknowledges that it is within the scope of practice for Advanced Practice Nurses, certified by the Board of Nursing as a Nurse Practitioner or Clinical Nurse Specialist, to order restraints and seclusion for patients. The CNS or NP ordering restraints for behavior management must have specialized preparation within their academic training that includes clinical and didactic coursework in assessment, diagnosis, and treatment of mental health conditions. Additional training required includes a) use of restraints and seclusion including assessment, monitoring, and evaluation and b) behavior management including alternatives to the use of restraints or seclusion. The additional training in use of restraints and seclusion and their alternatives may be obtained through academic *or* continuing education programs.