

# Continuing Education Contact Hours

## First Aid, Health & CPR Courses

Last updated: June 2002

<b>AMERICAN RED CROSS</b>	
<b>Course Name</b>	<b>Number of Hours</b>
Adult CPR	3.75 Hours
Standard First Aid	3.75 Hours
Adult CPR & Standard First Aid (combined)	5.5 Hours
Adult CPR/AED Training (AED = Automated External Defibrillator)	4.5 Hours
Adult CPR/AED Training & Standard First Aid (combined)	6.5 Hours
Automated External Defibrillation	3 Hours
Workplace Training: Standard First Aid w/ AED (Includes CPR)	6.5 Hours
Workplace Training: Standard First Aid (Includes CPR)	5.5 Hours
Preventing Disease Transmission	2 Hours
Community CPR (Adult, Infant & Child)	6.5 Hours
Community First Aid & Safety (Includes CPR) (Adult, Infant & Child)	9 Hours
Infant / Child CPR	5 Hours
CPR for the Professional Rescuer	9 Hours
AIDS Awareness - customized course	2 Hours
HIV / AIDS Community Session	2 Hours
HIV / AIDS Starter Facts / Facts Practice	4 Hours
HIV / AIDS Education – No Curriculum	7 Hours
HIV / AIDS Prevention Skills	4 Hours

HIV / AIDS Prevention Skills – Instructor Course	16 Hours
HIV / AIDS Workplace Training	2 Hours
HIV / AIDS Workplace Training – Instructor Course	24 Hours
HIV / AIDS Fundamentals – Instructor Course	16 Hours

<b>AMERICAN HEART ASSOCIATION</b>
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<b>Course Name</b> (A,B,D = Heart Saver / C = Health Care Provider)	<b>Number of Hours</b>
Level A Class - Cardiopulmonary Resuscitation (Adult only)	3 Hours
Level B Class - Cardiopulmonary Resuscitation (Infant only)	3 Hours
Level C Class - Cardiopulmonary Resuscitation (Health Care Provider; includes infant/adult bag and mask)	8 Hours
Level D Class - Cardiopulmonary Resuscitation (Pediatric)	3 Hours
Basic Life Support / Health Care Provider CPR (includes infant / adult bag and mask)	8 Hours
Neonatal Resuscitation Program - NRP (includes infant / adult bag and mask)	9 Hours
Heart Saver AED for Lay Rescuers and First Responders (includes adult CPR and /automated external defibrillator)	3 Hours

<b>HARPER VALLEY CPR &amp; SAFETY</b>
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<b>Course Name</b>	<b>Number of Hours</b>
Adult CPR, Standard First Aid, Bloodborne Pathogens, Infection Control and OSHA Update Training	6 Hours

<b>OR - OSHA</b>
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<b>Course Name</b>	<b>Number of Hours</b>
Exposure Control / Bloodborne Pathogens	4 Hours