

## Other Brochures

- **Oregon Health Licensing Agency (OHLA) Overview & Services**
- **Consumer Information: Cosmetology**
- **What to Look for in a Nail Salon**

Find these and many other brochures at [www.oregon.gov/OHLA](http://www.oregon.gov/OHLA) or contact us at (503) 378-8667 or [ohla.info@state.or.us](mailto:ohla.info@state.or.us) to order copies.

### HEALTH LICENSING AGENCY

The Oregon Health Licensing Agency (OHLA) is a state consumer protection agency providing centralized regulatory oversight for multiple volunteer citizen boards, advisory councils and licensing programs of health and related professions.

Our mission is to help protect Oregonians by setting, communicating and enforcing uniform regulatory standards.

### BOARD OF COSMETOLOGY

The Board of Cosmetology consists of six licensed practitioners and one public member. The boards and councils under the agency's administration set educational and professional scope of practice requirements but are not responsible for central agency operations.

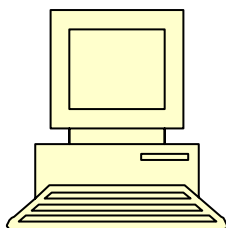


## News You Can Use!

Turn to **Oregon Regulatory News** in the *Northwest Stylist* every month to find the latest news from OHLA and the Board of Cosmetology.



*Northwest Stylist* is distributed to cosmetology facilities statewide and is at [www.nwstylist.com](http://www.nwstylist.com).



### Find it online!

Reach us 24/7 for board news, online change of address forms and an expanding number of new services.

[www.oregon.gov/OHLA](http://www.oregon.gov/OHLA)

OREGON HEALTH LICENSING AGENCY  
*Susan K. Wilson, Director*

700 Summer Street NE ,Suite 320  
Salem, Oregon 97301-1287

503-378-8667

503-585-9114 fax

503-373-2114 TTY-Voice

E-mail: [ohla.info@state.or.us](mailto:ohla.info@state.or.us)

Web: [www.oregon.gov/OHLA](http://www.oregon.gov/OHLA)

Publication OHLA-61 (03/2006)

AIRBRUSH TANNING

Board  
of Cosmetology



# Esthetics & AIRBRUSH TANNING

*What Consumers &  
Practitioners Need to Know*



OREGON  
HEALTH  
LICENSING  
AGENCY

AIRBRUSH TANNING

## Airbrush Tanning

**A**irbrush tanning is becoming a popular alternative to UV-based (ultraviolet) tanning beds and systems. While more and more evidence points to the dangers of ultraviolet radiation, less is known about the health risks associated with airbrush tanning.

### FDA: Only External Use Allowed

The U.S. Food & Drug Administration (FDA) has determined that the most widely used color additive in airbrush tanning solutions — *dihydroxyacetone*, or DHA — is restricted to external application.



While DHA has been approved by the FDA as a tanning additive since 1977, it shouldn't be sprayed in or on the eyes, mouth or nose. FDA officials state that DHA should not be ingested, inhaled or exposed to the eye area or mucous membranes because "...the risks, if any, are unknown."

**“Self-Serve” Tanning Booths Not Regulated:** Both consumers and practitioners should be aware that spray tanning booths in which the practitioner does not directly apply the tanning solution are not currently regulated. However, precautions (above right) should be heeded to prevent inhalation or ingestion of the spray tanning solution.

## Certification Required

***Beginning January 1, 2007, all airbrush tanning practitioners must be certified in esthetics to legally practice in Oregon. You must also provide services only in a licensed cosmetology facility.***

To gain certification in esthetics, practitioners must graduate from an Oregon private career school and pass practical and written examinations.

For more information on education requirements, visit OHLA's Web site at [www.oregon.gov/OHLA/COS](http://www.oregon.gov/OHLA/COS), or call us at 503-378-8667.

For a list of private career schools, go to [www.ode.state.or.us/teachlearn/specialty/pes/schooldir.aspx](http://www.ode.state.or.us/teachlearn/specialty/pes/schooldir.aspx), then click on the **Private Career Schools Directory** link.

### DHS Regulates UV-Based Tanning

UV-based tanning devices, usually tanning beds, are regulated by the Department of Human Services, Radiation Protection Services. For more information, go to [www.oregon.gov/DHS/ph/rps](http://www.oregon.gov/DHS/ph/rps).

## Precautions to Take

The FDA recommends protective measures for the eyes, nose and mucous membranes:

- **Goggles for the eyes**
- **Nose plug for nostrils**
- **Ear plug for ears**
- **Balm or other coating for lips**
- **Keep your mouth closed during service**

Consumers should be offered these protective measures prior to the airbrush tanning service. *Client records must be kept to avoid adverse reactions or infection outbreaks.*

***Any of the materials above that come into direct contact with the customer must be either disposed of or cleaned and disinfected between each use.***

## Avoid Violations

Beginning January 1, 2007, all airbrush tanning practitioners must follow the requirements of certification as specified in **Oregon Revised Statutes** and **Oregon Administrative Rules** for cosmetology, found under Laws & Rules at [www.oregon.gov/OHLA/COS](http://www.oregon.gov/OHLA/COS).