



FPEP

▪ **Get Ready: One-Time Only Visits Are Coming Back!**

We want you to pay *very close attention* to emails from us in the next few days, as you will be receiving red-envelope, high-priority email messages from us, and things will be happening fast. We don't know exactly when you can start offering one-time only visits again or when we will have adequate details for you. The timing depends on when/if the rebalanced budget passes the state House and Senate, and receives approval by the Governor.

Here's what we know so far:

One-Time Only visits will be turned back on AND the rate paid for visits to administer Depo-Provera injections will be \$70 (instead of \$140) beginning when approval is received and ending June 30, 2007.

Since Depo shot visits are less time-consuming than other FPEP visits, we chose to reduce payments for these visits in order to help extend the money received through rebalance. With this approach, we can fund the one-time only visits for the two months that remain in this current biennium. Of all the solutions we considered, we decided that this had the least impact to clinic operations and client services. The end result of this change is that more clients can access care, and your clinics will receive more funding for that care than other alternatives we explored.

Depending on what is approved in the budget for the 2007-2009 biennium, we hope to continue one-time only visits.

As soon as we know the outcome of the legislative action, we will alert Ahlers and you, the community of our Family Planning partners. It may be that you will get as little as a one-day notice to begin offering one-time only visits again. Additionally, we will arrange a conference call to address details once we have more information. Stay tuned for more information.

▪ **Implanon Update**

As of May 1, the FPEP program will reimburse the cost of Implanon using CVR supply code 19 for *sub-dermal implant*. The public health price for those who qualify to purchase from Multnomah County Central Stores is \$285. The maximum reimbursement rate is \$528 to accommodate those who can not purchase through Multnomah County.

Several providers have begun or completed Organon's insertion training process, which is a prerequisite to offering Implanon. Please provide the State Family Planning Office a copy of the training certification when completed.

Federal News

▪ **Abstinence-Only Education Programs**

The Guttmacher Institute reported recently that “A long-awaited, congressionally mandated evaluation of federally funded abstinence-only-until-marriage education programs has found that they have no beneficial impact on young people’s sexual behavior.”

More information about the study by Mathematica Policy Research is available [here](#), and the full report of the study can be found [here](#) (can take some time to download).

STD Treatment

▪ **Treatment of Gonococcal Infections**

As reported in the April 13th issues of MMWR, CDC no longer recommends the use of fluoroquinolones for the treatment of gonococcal infections and associated conditions such as pelvic inflammatory disease (PID). Click [here](#) for more information, which includes a [letter](#) to clinicians, [updated recommendations for treatment regimens](#), and [key questions and data that informed the updated recommendations](#).

Continuous Improvement

▪ **Evaluation of COPE**

The quality improvement process known as COPE®, which many of you may remember, is due to be retired. We have nearly completed an evaluation report on COPE®, which will include what both local agencies and our office have learned along the way. We will make this available to you when it is ready.

Although we will no longer be using the official COPE® brand of improvement, we do intend to carry on with quality improvement. We will be restructuring our improvement program, incorporating lessons from our evaluation effort, and adding new tools and approaches. Stay tuned...

We appreciate the hard work of everyone who participated in COPE®, and hope that it has given you the tools to implement and maintain client-oriented improvements in your processes, systems, and clinics.

Resources, Training, and Education

▪ **Free FPEP Trainings**

FPEP Orientation: Introduction to the Family Planning Expansion Project
FPEP Program Integrity Plan: What You Need To Know To Keep The Dough

Madras: July 16-17, 2007

La Grande: July 25-26, 2007

Eugene: August 21-22

Medford: August 23-24

These trainings are identical to those offered in Portland in May and June, except videoconferencing will NOT be available. [Please see our website for registration information.](#)

Deadline approaching!

The registration deadline for the Monday, May 14th FPEP Orientation: Introduction to the Family Planning Expansion Project Training in Portland is Monday, April 30th. Participants must register by the deadline to receive free parking validation. Those registering after the deadline will still be admitted; however, we cannot provide free parking.

▪ **WIC's "Fruits and Veggies – More Matters" Campaign**

To encourage all Americans to eat more fruits and vegetables every day, WIC launched their new public health campaign, Fruits and Veggies – More Matters, on March 19, 2007. Family planning programs can support the campaign by making Spanish and English brochures available for clients. Offering Fruits & Vegetables to Young Children, brochures in Spanish and English, provide wonderful tips and ideas to improve child nutrition. Please share the brochures with your community partners. They are available for downloading on our [website](#), and were sent attached to the original email containing this update.

• **Nutrition and Birth Control Brochures**

Did you know that a nutrition and birth control brochure in Spanish and English is available for downloading from our website? Click on the links below to download the brochure from our website.

[Four Things You Should Know About Nutrition & Birth Control](#)
[4 Cosas Que Ud. Debe Saber Sobre Nutricion y Los Anticonceptivos](#)

These pamphlets cover folic acid, iron deficiency anemia, calcium and weight gain. The calcium section offers tips on how to get enough calcium in your diet when you are using Depo-Provera.

- **Save the Date**

The Annual Statewide Family Planning Coordinators' Meeting will be held *Monday, September 24, and Tuesday, September 25, 2007, at the Portland State Office Building*. We will keep you informed of further details as planning takes shape over the next few months.

- **Center for Health Training** [Spring Training Calendar, March – June, 2007](#)

Northwest Institute for Community Health Educators (NICHE) 2007

July 23 – 27

Rainbow Lodge, North Bend, WA

This basic framework for sexuality education features plenary sessions on life-long sexuality, effective sexuality education and teaching methods, learning theory, youth development principles, learner diversity, and sexuality education ethics, as well as smaller "how to teach about... and issue-focused concurrent sessions.

[Brochure](#) and [Registration](#) now available online.