

Fall Focus 2003
 Asthma Action Plan Focus Groups

	What do you like about asthma action plans	What don't you like about asthma action plans?
Bend	<ul style="list-style-type: none"> • Emergency info on top (Vermont) • Colors (RYG) separating meds, and symptoms for each • Permission to treat AND to communicate with doctor or parent • Coaches should use • Triggers important • Easy to understand (Seattle) • Differentiate between controller meds and rescue meds <p>Summary: Must haves</p> <ul style="list-style-type: none"> • Emphasize yellow zone and what to do • Most useful in schools and daycares • One-sided 	<ul style="list-style-type: none"> • Insurance coverage in schools (too peak flow driven) • Not enough focus on major triggers: tobacco, allergies, colds, exercise • Too busy (all) • Pictures confusing (Vermont) • Not enough school nurses to implement/monitor these • Who is generating this? (Should be MD but may not have time) • Time consuming • Separate triggers from what to do (Seattle) • No Emergency contact info (Seattle/ ODS) • No Consent (Seattle) • Back (two-sided) will be overlooked/complicated/too much • Docs are medicating enough
Eugene	<ul style="list-style-type: none"> • Seattle- Right hand side: clear and easy to follow; good flow; clinic info • Love simple info on back (Patient, family, provider) • Keep colors (Seattle); Vermont, not enough color • Release of info • Triggers (but none on ODS) • "Personal Best" and updated peak flows • Meds on top • Signs/ symptoms • Release of info (esp. to public health data folks) 	<ul style="list-style-type: none"> • More freedom/room to write meds • Would want MD offices to send to schools because even though we have MD Standing orders, schools don't get these action plans • Vermont – too cluttered • Too many words • How will this be updated? Who? (Bring to clinic, updated yearly? Or get a new one?) • Who initiatives? MD or RN at school? • ODS- Back too complex • Could be easier on line. Could increase utilization • Keep meds with zones • Time to fill out and to follow up • MD/s and patients not understanding importance/ not seeing these
Medford	<ul style="list-style-type: none"> • Vermont plan was easier for language and content. Very simple • The back side of the Seattle plan is good 	<ul style="list-style-type: none"> • Seattle is too complicated • AAP needs to work for people with less severe asthma. People become complacent and don't do what they are

Fall Focus 2003
 Asthma Action Plan Focus Groups

	<ul style="list-style-type: none"> • Release info is important • Permission slip is important • Must be SIMPLE • Appropriate reading level for adults, youth and children younger than 7 • Peak flow super imposed on color is good • Ramp asthma is easier to follow than Vermont • Explanation of symptoms • Must have frequent updates of the plan. Whenever medication is adjusted, or annually. 	<p>supposed to do to follow plans.</p> <ul style="list-style-type: none"> • Physicians want to make sure info is correct, so they don't like working with school nurses or others because they don't think it will be done correctly. • Need the same plan for the doctor and the school or daycare • Vermont is a little busy and confusing • Seattle is too busy • Would like to say: If you feel this way... do this....
<p>Gold Beach</p>	<ul style="list-style-type: none"> • Symptom explanation • Peak Flow ranges coordinated to the color • What to do and when • Color related to the stop light • Pictures and graphics help with low literacy • Ramp plan has nice pictures • Vermont plan has a nice explanation of triggers • Seattle- check box for triggers • 1 PAGE • Simple info for the school • Release to give care • SHS note on plan • Work with AAP as a homework assignment for kids • Peak flow education must come with the plan • Prescriptions from doctors to stop smoking, or to not smoke around kids • Teachers educate on tobacco • Ask parent or family if they smoke, link smoking to the illness and action plans. 	<ul style="list-style-type: none"> • Examples were not good for children under the age of 5 • Large font so kids can read • Seattle is too busy • Carbon copies bad