



Oregon Asthma Network 2006 Annual Meeting

Supporting the Activated Patient: Linking Health Systems and Community Systems to Help Patients Reach Their Asthma Management Goals

July 7, 2006

Doubletree Hotel in Portland, Oregon

Time	Sessions	
8:30-9:30	Continental Breakfast and Registration (Room: Foyer)	
8:30-3:00	Exhibit Tables Open (Room: Foyer)	
9:00-9:30	<p>Welcome (Room: Sisters/Bachelor)</p> <p><i>Karen Main, MPA, Oregon Asthma Program</i> <i>Kathie Sunnarborg, MPH, CHES, Centers for Disease Control and Prevention</i> <i>Mike Emerson, PhD, Oregon Asthma Program</i> <i>John Santa, MD, MPH, Oregon Health & Science University</i></p>	
Morning Breakout Sessions		
9:40-10:40	<p>Linking systems to support asthma management among school-aged children (Room: Ross Island/Morrison)</p> <p>This session will explore how schools and health care systems can work together to support students with asthma. The panel will:</p> <ul style="list-style-type: none"> • Define the role of school nursing and school based health centers in supporting students with asthma and other chronic conditions. • Provide examples of a school and school district that are improving support for students with asthma and other chronic conditions. • Explore the benefits and challenges to improving collaboration between schools and their local health care community. <p><i>Cindy Cooper, RN, AE-C, Allergy & Asthma Center of SW Washington</i> <i>Connie Hoffstetter, BSN, Bend-LaPine School District</i> <i>Anne K. Johnston-Silverberg, MS, FNPC, Oregon School Based Health Centers, DHS</i> <i>Carol Puderbaugh, RN, Junction City School District</i> <i>Facilitator: Tracy Alexander, MPA, Oregon Asthma Program</i></p>	<p>Evidence-based resources to help adults manage their asthma: Living Well with Chronic Conditions and Five A's (Room: Hawthorne/Sellwood)</p> <p>This session will Living Well with Chronic Conditions and 5 A's, two resources available in Oregon to help health care providers support patients in managing their asthma on a daily basis:</p> <ul style="list-style-type: none"> • Five A's is a technique that health care providers can use during office visits to help patients to quit smoking. • Living Well with Chronic Conditions is an evidence-based community program available in a growing number of communities in Oregon that health care providers can refer patients to for additional education on managing their chronic condition. <p><i>Gail Harris, PhD, 5 A's</i> <i>Mary Lockhart, PhD, Kaiser Permanente</i> <i>Facilitator: Sara Beth Weiner, MPH, MSW, Oregon Asthma Program and Tobacco Prevention and Education Program</i></p>

Time	Sessions	
10:50-12:05	<p>General Session: Motivational Interviewing (Room: Sisters/Bachelor)</p> <p>This session will introduce Motivational Interviewing, a technique that can be used by health care providers to help patients reach their asthma management goals.</p> <p><i>Dana Sturtevant, MS, RD, be nourished</i></p> <p><i>Facilitator: Tracy Alexander, MPA, Oregon Asthma Program</i></p>	
12:05	<p>Lunch Served (Sisters/Bachelor)</p>	
12:20-1:30	<p>Keynote Address: The “Desert Island” Asthma Change Package (Room: Sisters/Bachelor)</p> <p>Changing asthma care is not rocket science; in some ways it is even harder. This session will share some tried-and-true, manageable, and high-yield strategies for transforming asthma care.</p> <p><i>James W. Stout, MD, MPH, Associate Professor of Pediatrics and Adjunct Associate Professor of Health Services, University of Washington</i></p> <p><i>Facilitator: Kirsten Aird, MPH, Tobacco Prevention and Education Program</i></p>	
1:30-1:45	<p>Physical Activity Break: A walk in the park (Holladay Park)</p>	
1:45-2:50	Afternoon Breakout Sessions	
	<p>Linking Systems to support asthma management goals among specific populations (Room: Hawthorne/Sellwood)</p> <p>This session will introduce the new effort in Oregon to use technology to provide asthma care to rural populations, and present ideas for addressing the barriers and solutions for supporting disease management among the Medicaid population.</p> <p><i>Matthew Carlson, PhD, Portland State University</i> <i>Beverly Stewart, CHES, AE-C, American Lung Association of Oregon</i></p> <p><i>Facilitator: Tracy Alexander, MPA, Oregon Asthma Program</i></p>	<p>Preparing patients to manage their asthma on a daily basis through integrating self-management into systems of care (Room: Ross Island/Morrison)</p> <p>This session will explore ways in which health systems can help patients better manage their asthma through embedding support into systems of care.</p> <p><i>Janet Kershner, RN, Tuality Health Alliance</i> <i>Anita Bobinet, PhD, Acumentra Health</i></p> <p><i>Facilitator: Kirsten Aird, MPH, Tobacco Prevention and Education Program</i></p>

Time	Sessions
2:55-3:05	Open Floor: Partner Updates (Room: Sisters/Bachelor)
3:05-3:15	Closing and Announcements