

Department of Human Services  
Addiction and Mental Health Division  
Children's System Advisory Committee  
July 24, 2009

**DRAFT**

**In Attendance:** Ron Sipress, Kris Anderson, Paula Bauer, Shelley Joyce, Brian Hilsabeck, Bob Lieberman, Stephen Swanson, Caleb Dickson, Bruce Abel (Phone), Bill Willard (Phone), Scott Snedecor, Martin Rafferty, Lisa Smith

**AMH:** Judy Rinkin, Deborah Doner

**Absent:** Jammie Farish, Janet Arenz, Lynne Saxton, Nancy Koroloff, Jeff Goetz, Dr. Kirk Wolfe, Cherisse Loop, Marilyn Richardson, Tanya Pritt, Pat Pitman, Mary Lee Jones, Stacey Allan, Mitch Anderson, Diane Wells, Lee Coleman, Holly Ivey, Dr. Ajit Jetmalani, Margarita Solis

**Guests:** Kathleen Burns, Matthew Pearl, Nancy Allen, Jake Young, Sonya Miller

<b>Topic</b>	<b>Key Discussion</b>	<b>Action/task</b>	<b>Responsible</b>	<b>Date</b>
<b>Intro/Agenda Review/Announcements</b>	Minutes May 22 and June 26, 2009  Corrections to the June 26 <sup>th</sup> minutes: <ul style="list-style-type: none"> <li>• The Conference on Collaborative Problem Solving in Coos Bay is at the Southwestern Community College on the 20<sup>th</sup> and 21<sup>st</sup> of August with training open to the public.</li> </ul> Stephen Swanson's name needs to be added to the June 26 <sup>th</sup> meeting roster.	Ron Sipress motioned to approve the May 22 <sup>nd</sup> minutes, Kris Anderson seconded the motion.  Martin Rafferty motioned to approve the June 26 <sup>th</sup> minutes and Shelley Joyce seconded the motion.	Bob Lieberman	

<b>Sharing</b>	Ally Linfoot		Ally	
<b>Committee Business</b>	<b>CSCI Monitoring Matrix/Motion Issues</b> <ul style="list-style-type: none"> <li>• Current information in the Monitoring Matrix and the Motion Issues was shared with members.</li> <li>• Members were asked to return by e-mail the survey indicating preferred CSAC meeting times.</li> </ul>		Judy	
	Acceptance of revised by-laws	09/25/09 agenda		
<b>Young Adults</b>	<ul style="list-style-type: none"> <li>• Martin led CSAC in a ‘get to know each other’ exercise.</li> <li>• An AMH staff member meets with CSAC young adult members to prior to the meeting to review agenda items.</li> </ul>		Martin	
<b>Break</b>				
<b>Policy Issues</b>	<b>2009 Work Plan/ #3</b> <b>Young adults in Transition</b>			
	<ul style="list-style-type: none"> <li>• Policy Academy Report-up-date</li> <li>• A brief history was given on the Policy Academy.</li> <li>• On August 15<sup>th</sup>, young adults will be gathering to continue the work on the website for Young Adults in Transition. Each will receive a gift card for attending.</li> <li>• A draft video has been made with a Neuroscientist presenting, and a young adult shares his life story of being in the foster care system. This video demonstrates that a young adult can turn to a life of crime once their mental health services are cut off. The video is about 30 minutes long.</li> </ul>		Martin	

	<ul style="list-style-type: none"> <li>• Martin will be asking CSAC for editorial feedback. The draft video will include the national website of YouthMOVE. Financial donations are needed for the production of the video.</li> </ul>			
	<ul style="list-style-type: none"> <li>• <b>Issue Brief/Young Adults in Transition</b></li> <li>• The issue brief was presented.</li> <li>• The policy discussion included: <ul style="list-style-type: none"> <li>a. Decrease number of clients who re-enroll in services, referring to clients who are in crisis and a need to re-access services. CSAC members want to focus on the process of listed Issue Brief's objectives.</li> <li>b. This Issue Brief should be included in the Statewide Wraparound Initiative.</li> </ul> </li> </ul> <p>*The objectives of the policy brief should be re-ordered in priority:</p> <ol style="list-style-type: none"> <li>1. Eliminate barriers to access.</li> <li>2. Create developmentally appropriate, effective services and supports.</li> <li>3. Increase community, county, and state capacity to support clients.</li> <li>4. Increase system utilization of resources by tracking long term effectiveness.</li> <li>5. Decrease number of clients who re-enroll in services.</li> <li>6. Utilize data from federal Positive Youth Development pilot projects and other established YAT projects and best practices.</li> </ol> <ul style="list-style-type: none"> <li>• Revisit this discussion in December.</li> </ul>	<p>Make edits and send to AMH to meet the PAMAC deadline by Monday, July 27, 2009</p> <p>-Martin motioned: That CSAC pass the Young Adults in Transition issue brief as amended, seconded by Shelley Joyce.</p> <p>Recommendations:  *Spell out all acronyms  *Would like to see Young Adults in Transition Peer Delivered Services developed and become available in all communities.</p> <p>Issue Brief Recommendations  * All agencies including AMH, MHO's and sub-contracted programs, community mental health programs, and family organizations should adopt YAT's policies and procedures should:</p>	<p>Martin Bob</p>	<p>Revisit 12/09</p>

		<p>1) Insure peer support services are developed and available.</p> <p>2) Provide young adults with opportunities to realize their full potential, have healthy and productive lives.</p> <p>3) Facilitate smoother transitions and improve integrations of services and supports across both adult and adolescent systems.</p> <p>4) Identify national research and Evidence Base Practices supporting Young Adults in Transition. Suggest how AMH can incorporate this information into transition programs and link to with the Statewide Wraparound Initiative.</p> <p>5) In adopting these procedures CSAC recommends that AMH and other partners collaborate with Policy Academy Advisory committee to implement further recommendations.</p> <p>Review this recommendation in December 2009.</p>		
	<b>Legislative re-cap</b>	09/25/09 meeting		
	<b>Policy One</b> <ul style="list-style-type: none"> <li>Information from the Policy One discussion</li> </ul>	A meeting time for discussion	Judy Matthew	

	<p>was captured in the June 2009 CSAC minutes. When AMH reviews policies, AMH will invite stakeholders to participate with representation from CSAC.</p> <ul style="list-style-type: none"> <li>Paula expressed a 'Thank You'</li> </ul>	will be set.		
<b>System Monitoring</b>	<b>a. CSAC Meeting Evaluation tool</b>		Bob	
	<b>b. Statewide Wraparound Initiative</b>	10/23/09 agenda	Bill	
	<b>c. Data Point</b> <ul style="list-style-type: none"> <li>The Psychotropic Medications for Foster Children 2008 report addressed children in foster care compared to children not in foster care.</li> <li>Kathleen would like to defer this discussion for September's meeting.</li> </ul>	<p>The Psych. Med document will be re-sent to CSAC members</p> <p>Data point and discussion to be held at September CSAC meeting</p>	<p>Kathleen</p> <p>Judy</p>	7/09
	<ul style="list-style-type: none"> <li><b>Psychotropic Meds for Children in Foster Care 2008 - discussion</b> <ul style="list-style-type: none"> <li>A CSAC young adult member shared that he didn't feel it was necessary for him to have more medications and indicated that medications don't always help. Additional comments: doctors keep adding pills on and parents are talking for the youth and youth are not being heard.</li> <li>Others commented: there is not enough focus on different methods of treatment instead of pills. For example: try keeping foods in the house that are high in protein. Visualization can help some</li> </ul> </li> </ul>	September agenda will focus more time on this issue.	Drs. Ajit Jetmalani and Kirk Wolfe	

	<p>people to refocus.</p> <ul style="list-style-type: none"> <li>• The co-chair reminded members that psychotropic meds continue to be a concerning topic for discussion.</li> <li>• Another comment: ‘we are finally getting young adult voice.’</li> </ul>			
	<ul style="list-style-type: none"> <li>○ <b>HB 3114</b></li> </ul>	No discussion/ 9/25/09 meeting		
	<ul style="list-style-type: none"> <li>○ <b>Focus Group next steps</b> <ul style="list-style-type: none"> <li>• There was a discussion on response to the focus group data and the need for a meaningful process.</li> </ul> </li> </ul>	<p>A sub-committee meeting will be held after today’s meeting to determine next meeting time. Sub-committee members include: Jammie, Bob, Lynne, Shelley, Nancy K, Bruce, Lee, Kris, Paula, Sonya Miller and AMH staff.</p>	Jammie/ Matt Pearl	
<b>Information sharing</b>	<p><b>a. Families/Youth as Policy Partners</b></p> <ul style="list-style-type: none"> <li>• OFSN has ended their two year contract in June (07-09) and have received a two year extension.</li> </ul>		Shelley	
<b>Comments from visitor’s</b>	<ul style="list-style-type: none"> <li>• Sonya Miller will be added to the Sub-Committee.</li> </ul>		Visitor	
<b>Meeting adjourned</b>				